

WEEK 4: KENYA

RIGHTS AND RESPONSIBILITIES

Every person has basic rights like food, water and education because we are made in the image and likeness of God and have human dignity that must be respected and upheld. We also have duties and responsibilities to one another to ensure everyone can access these rights.

STORY OF HOPE

Turkana, Kenya is hot and dry. Most people in this area raise livestock, and a few are farmers. But climate change is making this work difficult.

Rebecca and her husband, Lotiang, farm and raise goats. They rely on rain and river water, but it is raining less and less in Turkana.

To overcome this challenge, Rebecca and Lotiang participated in a Catholic Relief Services program that installed a solar powered well in their village. Now they can irrigate their fields regularly and take care of their goats.

Rebecca and Lotiang also learned new farming techniques. Lotiang grows and sells kale, which provides his family nutritious food and income so his children can attend school.

Rebecca and Lotiang are teaching others in their community what they learned.

Rebecca says, “The CRS program changed my life. I am trying to show my community so they can emulate it for a better future.”

FACTS TO CONSIDER:

- Kenya is a country in East Africa with a savanna, lakes and mountain highlands. It is home to more than 50 million people and wildlife including lions, elephants, rhinos and giraffes.
- Kenya’s climate is tropical along its coast and arid—or having little rain—in other parts of the country. More extreme droughts, higher temperatures, unpredictable rainfall and flooding due to climate change affect Kenya’s people, wildlife and land.



Photo by Patrick Meinhardt for CRS

- CRS has been working in Kenya since 1965, supporting improved agriculture and livelihoods, health, water and sanitation, social services for children and families, and peacebuilding efforts.



For downloadable photos, visit crsricebowl.org/photos and watch the video from week 4 at crsricebowl.org/stories.

RIGHTS AND RESPONSIBILITIES

45 MINUTES

OBJECTIVE

Through the story of Rebecca and Lotiang in Kenya, students will explore the Catholic social teaching principle of Rights and Responsibilities.

MATERIALS

- Week 4 story and video—available at [csricebowl.org/stories](https://www.csricebowl.org/stories).
- Week 4 Activity Sheet: Grades 7-8.
- Crayons, colored pencils or markers.

DISCUSSION (15 MINUTES)

1. Read the story from week 4. Use the video to supplement the story.
2. Reflect:
 - What did you find interesting about the story?
 - How does climate change impact people's access to basic human rights? Are you responsible for helping to address this issue? Why or why not?
 - What are some ways you can reduce the impact of climate change at home, at school and elsewhere?

ACTIVITY (25 MINUTES)

1. Explain the Catholic social teaching principle of Rights and Responsibilities. Discuss as a class how as human beings, we all have certain rights regardless of where we live or what we do. We also have a responsibility to respect these rights and work to ensure others have them, too.
2. Have students complete the Week 4 Activity Sheet: Grades 7-8.
3. If time permits, ask students to share their drawing representation of Pope Francis' quote with a partner.

CLOSING PRAYER (5 MINUTES)

"Canticle of Brother Sun and Sister Moon"

by St. Francis of Assisi

Most High, all-powerful, all-good Lord,

all praise is yours, all glory, all honor and all blessings.

To you alone, Most High, do they belong, and no mortal lips are worthy to pronounce your name.

Praised be you my Lord with all your creatures, especially Sir Brother Sun,

who is the day through whom you give us light.

And he is beautiful and radiant with great splendor,

of you Most High, he bears the likeness.

Praised be you, my Lord, through Sister Moon and the stars,

in the heavens you have made them bright, precious and fair.

Praised be You, my Lord, through Brothers Wind and Air,

and fair and stormy, all weather's moods,

by which you cherish all that you have made.

Praised be you my Lord through Sister Water,

so useful, humble, precious and pure.

Praised be you my Lord through Brother Fire,

through whom you light the night and he is beautiful and playful and robust and strong.

Praised be you my Lord through our Sister, Mother Earth who sustains and governs us,

producing varied fruits with colored flowers and herbs.

Praise be you my Lord through those who grant pardon for love of you and bear sickness and trial.

Blessed are those who endure in peace, By you Most High, they will be crowned.

RIGHTS AND RESPONSIBILITIES

CONTINUED

*Praised be you, my Lord through Sister
Death, from whom no-one living can escape.
Woe to those who die in mortal sin! Blessed
are they she finds doing your will.*

*No second death can do them harm. Praise
and bless my Lord and give him thanks,
and serve him with great humility.*

Amen

AT HOME

1. Share your activity sheet with your family.
2. As a family, read and discuss the daily reflection in your **CRS Rice Bowl Lenten Calendar**.

IF YOU ONLY HAVE



1. Read the story from week 4. Use the video to supplement the story.
2. Lead Discussion step 2.

Name: _____



Every person has the right to live and grow to their full potential and to have what they need to do that—such as food, water, education and medical care. But climate change is making it difficult for people who depend on the land—like farmers, herders and fishermen—to access enough nutritious food, clean water and other necessities.

We have a responsibility to ensure people can access the things they need to live in dignity. Write five things you can do at home, at school or in your community to care for our planet and our global family.

1. _____
2. _____
3. _____
4. _____
5. _____

Pope Francis said, **“We are not only invited to share in the work of creation and to cultivate it, to make it grow and to develop it. We are also invited to care for it, to protect it, to be its guardians.”**

Use the space below to artistically represent this quote. You can incorporate your list above into your drawing.