

## WEEK 4: KENYA

### RIGHTS AND RESPONSIBILITIES

Every person has basic rights like food, water and education because we are made in the image and likeness of God and have human dignity that must be respected and upheld. We also have duties and responsibilities to one another to ensure everyone can access these rights.

#### STORY OF HOPE

Turkana, Kenya is hot and dry. Most people in this area raise livestock, and a few are farmers. But climate change is making this work difficult.

Rebecca and her husband, Lotiang, farm and raise goats. They rely on rain and river water, but it is raining less and less in Turkana.

To overcome this challenge, Rebecca and Lotiang participated in a Catholic Relief Services program that installed a solar powered well in their village. Now they can irrigate their fields regularly and take care of their goats.

Rebecca and Lotiang also learned new farming techniques. Lotiang grows and sells kale, which provides his family nutritious food and income so his children can attend school.

Rebecca and Lotiang are teaching others in their community what they learned.

Rebecca says, “The CRS program changed my life. I am trying to show my community so they can emulate it for a better future.”

#### FACTS TO CONSIDER:

- Kenya is a country in East Africa with a savanna, lakes and mountain highlands. It is home to more than 50 million people and wildlife including lions, elephants, rhinos and giraffes.
- Kenya’s climate is tropical along its coast and arid—or having little rain—in other parts of the country. More extreme droughts, higher temperatures, unpredictable rainfall and flooding due to climate change affect Kenya’s people, wildlife and land.



Photo by Patrick Meinhardt for CRS

- CRS has been working in Kenya since 1965, supporting improved agriculture and livelihoods, health, water and sanitation, social services for children and families, and peacebuilding efforts.



For downloadable photos, visit [crsricebowl.org/photos](https://crsricebowl.org/photos) and watch the video from week 4 at [crsricebowl.org/stories](https://crsricebowl.org/stories).

## RIGHTS AND RESPONSIBILITIES

45 MINUTES

### OBJECTIVE

Through the story of Rebecca and Lotiang in Kenya, students will explore the Catholic social teaching principle of Rights and Responsibilities.

### MATERIALS

- Week 4 story and video—available at [crsricebowl.org/stories](https://crsricebowl.org/stories).
- Week 4 Activity Sheet: Grades 1-3.
- Crayons, colored pencils or markers.
- Glue and scissors.

### DISCUSSION (15 MINUTES)

1. Read the story from week 4. Use the video to supplement the story.
2. Reflect:
  - Who did we meet in the story?
  - What does 'climate change' mean?
  - What do Rebecca and Lotiang do to help their family and community?

### ACTIVITY (25 MINUTES)

1. Explain the Catholic social teaching principle of Rights and Responsibilities. Discuss as a class how as human beings, we all have certain rights regardless of where we live or what we do. We also have a responsibility to respect these rights and work to ensure others have them, too.
2. Have students complete the Week 4 Activity Sheet: Grades 1-3.
3. If time permits, ask students to share one thing they can do to help others have their basic rights like food and water.

### CLOSING PRAYER (5 MINUTES)

*Loving God,*

*We thank you for the rights you have given us as your children. May we always care for all members of our global family as you care for us.*

*Amen*

### AT HOME

1. Share your activity sheet with your family.
2. As a family, read and discuss the daily reflection in your **CRS Rice Bowl Lenten Calendar**.

### IF YOU ONLY HAVE

**10**

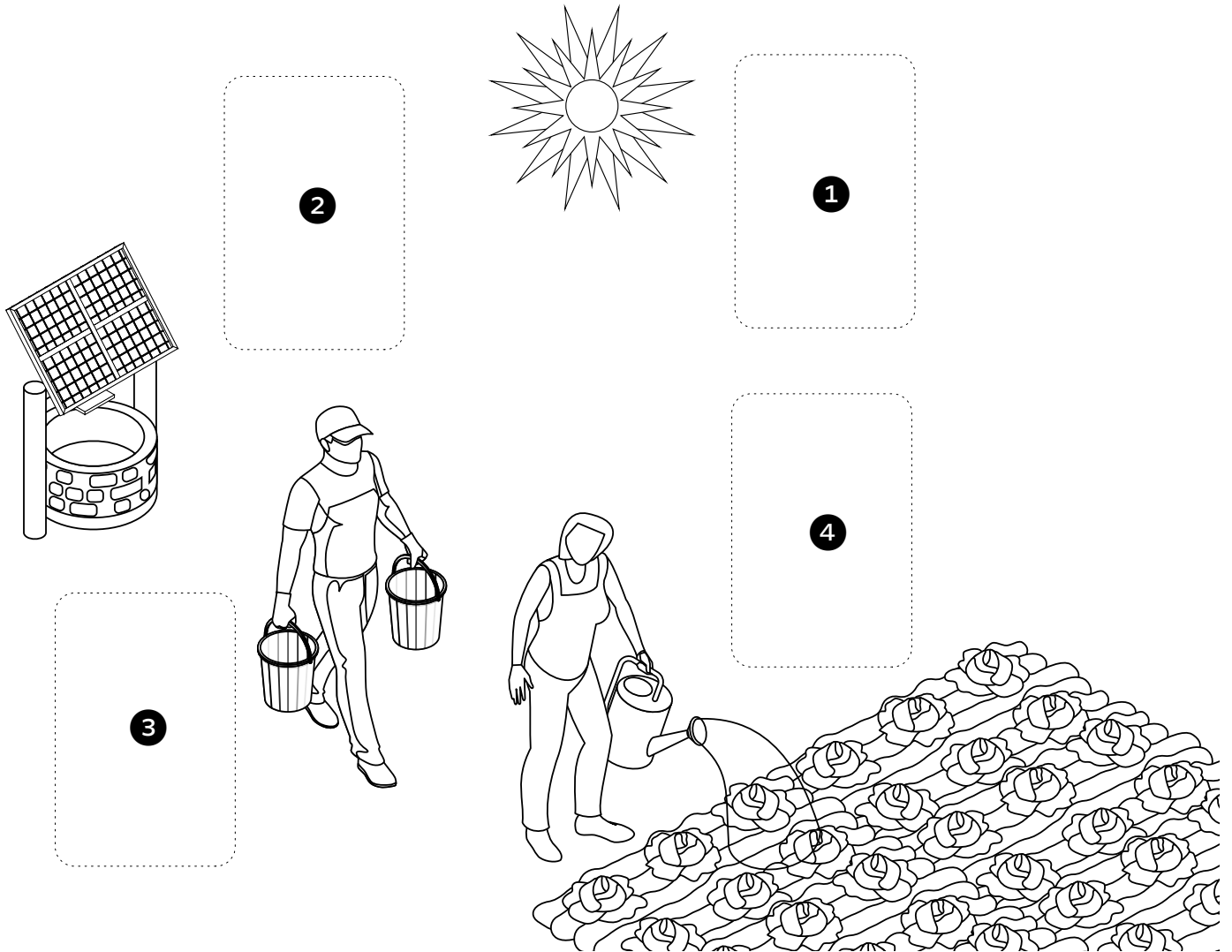
**MINUTES**

1. Read the story from week 4. Use the video to supplement the story.
2. Lead Discussion step 2.





Name: \_\_\_\_\_



Every person should have the things they need to live, like food and water. Color the picture of the sun-powered well, which provides water for Rebecca and her family to drink, cook, clean and water their farm.



Cut out the action cards and paste them next to the right number on the picture.

<p>The sun gives energy.</p> 	<p>The well provides water.</p> 	<p>Farmers use water.</p> 	<p>Vegetables grow and become healthy food!</p> 
--	---	---	---