Good morning/afternoon. My name is ____________, and I’m here to invite each of you to participate in CRS Rice Bowl during Lent.

CRS Rice Bowl is Catholic Relief Services’ Lenten faith-in-action program. It’s an opportunity for us to come together as a community and support our sisters and brothers around the world—especially people who are hungry, lack proper nutrition and are most affected by climate change.

This year, through CRS Rice Bowl, we will encounter communities in Honduras, the Philippines and Kenya. We’ll learn about the principles of Catholic social teaching—and ways we can put them into action. Furthermore, participating in CRS Rice Bowl will help us engage daily with the spiritual pillars of Lent: prayer, fasting and almsgiving.

When you pick up your Rice Bowl, you’ll also receive a Lenten calendar that offers short reflections for each of the 40 days. The calendar includes simple, meatless recipes from the three countries for your family to try on Fridays—or any other day of the week. And not only that! Make sure to assemble the cardboard box and use it to collect your family’s alms.

I’m excited to take this journey with our community, and to connect our prayer and reflections to our global community of faith. Please take home a Rice Bowl for your family, located ____________.

If you have any questions, please talk to me after Mass. Thank you for your time.