Sample Email/Letter to Schools

*Format this text and send it to school leaders or directors of religious education to invite their communities to participate in CRS Rice Bowl this Lent.*

With Lent comes the call of God to reflect on our lives and redirect them toward a life in fullness with Christ. During this liturgical season, through CRS Rice Bowl—Catholic Relief Services' Lenten program—we will journey to Honduras, the Philippines and Kenya to meet our sisters and brothers and, in them, Christ.

We will witness the work of God in his people and how people most in need face many daily challenges to have a dignified life. Through CRS Rice Bowl stories, videos and lesson plans, we will discover how our faith calls us to serve. We will also see how your contributions and those of other faith communities make it possible for people experiencing hunger and malnutrition—made worse by climate change—to empower themselves and take control of their lives by participating in the various programs that CRS offers.

CRS Rice Bowl makes it easy for educators to integrate Lenten spirituality and Catholic teaching into their classrooms. It also gives them tools and tips to encourage students to share it at home—where the foundation for a lifetime of faith begins.

Here are some easy ways to get started:

1. Visit **crsricebowl.org/1-8** to find resources for Catholic school teachers and parish religious educators, including lesson plans and activity sheets. Teachers and religious educatorscan use these resources to go deeper into the pillars of Lent, global solidarity and Catholic teaching into their classrooms.

1. Order FREE English or Spanish Rice Bowls online at **crsricebowl.org/order** or by calling **1-800-222-0025**. Order one Rice Bowl per student. These cardboard bowls are used to collect each family’s alms. Each CRS Rice Bowl comes with a calendar with daily reflections that families can read together. Posters are also available to order and post in your school.
2. **Plan a kickoff event** to distribute Rice Bowls to students and prayerfully begin this holy season. You can use the 10-minute prayer introduction resource (found at **crsricebowl.org/1-8**) as a template.

If you have any questions about CRS Rice Bowl, please contact me at [insert information] or [crsricebowl@crs.org](mailto:crsricebowl@crs.org).

Thank you for inviting CRS Rice Bowl to be a part of your students’ faith journey this Lent!

**[Signature]**