

## BULLETIN & NEWSLETTER ANNOUNCEMENTS

SUNDAY(S) BEFORE ASH WEDNESDAY

### LENT IS COMING!

Join our faith community—and nearly 13,000 Catholic communities across the United States—in a transformative Lenten journey with CRS Rice Bowl. Pick up your family's CRS Rice Bowl from [LOCATION] on [DATE]. During the 40 days of Lent, we will reflect on the impact of global hunger and climate change on vulnerable communities around the world, and we will pray, fast and give alms to help our sisters and brothers in need. Visit [crsricebowl.org](https://crsricebowl.org) to learn more.

FIRST WEEK OF LENT

### A SEASON FOR SLOWING DOWN

During this sacred season, we will intentionally slow down so that we can pay closer attention to our relationship with God, our neighbors and our planet. Reflect on how the pillars of prayer, fasting and almsgiving can guide your journey for a more enriching Lenten experience. How can practicing these pillars help you to live in solidarity with our sisters and brothers around the world? Visit [crsricebowl.org](https://crsricebowl.org) to learn more.

SECOND WEEK OF LENT

### SOCCER AND A BROKEN RESERVOIR

In the Dry Corridor of Honduras, climate change causes persistent drought, making farming nearly impossible. With support from Catholic Relief Services, Rony, a farmer, repaired an old reservoir and installed a new irrigation system to improve his harvests. Now Rony can send his son to a soccer academy to pursue his dream of becoming a professional player. How can you work like Rony to support others' needs and dreams? Visit [crsricebowl.org](https://crsricebowl.org) to learn more.

THIRD WEEK OF LENT

### FROM FARMING TO FISHING

Raul and Rhodora were coconut farmers in their town in the Philippines, but it took a lot of work before they made money. They participated in a Catholic Relief Services program that helped them build their own fishpond to raise and sell fish. The fish provide nutritious food for their family and more accessible income, enabling Raul and Rhodora's granddaughters to attend school. What changes have you made in your professional, personal or spiritual life that have benefited others? Visit [crsricebowl.org](https://crsricebowl.org) to learn more.

FOURTH WEEK OF LENT

### SHARING SUCCESS

Most people in Turkana, Kenya raise livestock, and a few are farmers. But the hot and dry climate makes this work difficult—and climate

change is making it even harder. Rebecca and Lotiang participated in a Catholic Relief Services program that installed a water well and taught them new farming techniques. They can support their family with their crops and are teaching others in their community what they learned. How can you use your skills and knowledge to help others? Visit [crsricebowl.org](https://crsricebowl.org) to learn more.

FIFTH WEEK OF LENT

### THE POWER OF SACRIFICE

Lent can feel like a long time. Sometimes we'd like to skip right to Easter! But through prayer and sacrifices, we share in Christ's suffering and prepare for the joy of his resurrection. This Lent, we've learned how people in Honduras, the Philippines and Kenya made sacrifices so their families and communities can thrive. How have your Lenten sacrifices helped your family and community and communities around the world? Visit [crsricebowl.org](https://crsricebowl.org) to learn more.

PALM SUNDAY

### MODERN DAY SIMON OF CYRENE

Palm Sunday marks the beginning of Holy Week. As we walk with Jesus this week, we remember the countless women, children and men who carry heavy crosses even today: crosses of hunger, of vulnerability to climate change, or of a lack of resources. How—like Simon of Cyrene—can you help to carry the crosses of our sisters and brothers in your local community and around the world? Visit [crsricebowl.org/holy-week](https://crsricebowl.org/holy-week) to learn more.

EASTER SUNDAY

### HAPPY EASTER!

Our CRS Rice Bowl journey has ended, but our prayers, fasting and almsgiving continue as we seek a closer relationship with God and our global family. Let us hold in our hearts our sisters and brothers in Honduras, the Philippines and Kenya and commit to share our Easter joy with people in our local community and around the world. **Don't forget to turn in your CRS Rice Bowl at [LOCATION] on [DATE]\* or donate online at [crsricebowl.org/donate](https://crsricebowl.org/donate).**

AFTER-EASTER MESSAGING

### THANK YOU

Our community changed lives this Lent through CRS Rice Bowl, and we want to say THANK YOU! Don't forget to turn in your CRS Rice Bowl at [LOCATION] on [DATE] or donate online at [crsricebowl.org/donate](https://crsricebowl.org/donate).\*

\*Include a link to your community's CRS Rice Bowl community giving page or information on your preferred method for turning in Lenten gifts.