

## WEEK 5: REVIEW

### SOLIDARITY

We are all God's children and, as one family, are deeply connected to people in our communities and around the world. When one of our sisters or brothers suffers, we all suffer. When one of our sisters or brothers has hope and joy, we all have hope and joy.

#### STORIES OF HOPE

Over the past few weeks, we traveled to Guatemala, Bangladesh and Rwanda, where families are doing some pretty amazing things. Let's review what we learned from our sisters and brothers in these countries:

- We all have dreams. What we do to achieve these dreams makes a difference in our lives and the lives of our family and community.
- Many children around the world are malnourished, and their parents and community are going the extra mile to make sure they get better.
- Sometimes it takes a lot of work and a desire to learn new things to succeed.

Although Lent is near the end, there's still time to continue the three pillars of prayer, fasting and almsgiving to grow with God and our global family. Just like how you have to practice reading or math or playing your favorite sport or instrument, we have to practice these pillars regularly—even when it's not Lent.

#### FACTS TO CONSIDER:

- Saint John Paul II wrote about solidarity in his encyclical *Sollicitudo Rei Socialis*, explaining that solidarity means a firm commitment to the good of each individual because we are responsible for each other.



Photo by Amit Rudra for CRS

- Catholic Relief Services works with the Catholic Church, partners and program participants in more than 100 countries to help people live in dignity. We reach more than 140 million people with food, shelter, job training and other lifesaving support.
- The COVID-19 pandemic has greatly increased world hunger. The World Food Programme estimates nearly 1 billion people do not have enough to eat. With prayers and support from people like you, CRS can help millions of women, men and children access nutritious food to stay healthy.



For downloadable photos, visit [crsricebowl.org/photos](https://crsricebowl.org/photos) and read the story from Week 5 at [crsricebowl.org/stories](https://crsricebowl.org/stories).

## SOLIDARITY

45 MINUTES

### OBJECTIVE

Students will learn about the Catholic social teaching principle of Solidarity as they review what they learned from the Stories of Hope throughout Lent.

### MATERIALS

- Week 5 story—available at [crsricebowl.org/stories](https://crsricebowl.org/stories).
- Week 5 Activity Sheet: Grades 4-6.
- One die for each group.

### DISCUSSION (15 MINUTES)

1. Ask students to recall what three countries you explored during Lent and to show where those countries are located on the map.
2. Read the story from Week 5.
3. Reflect:
  - What was one of the character's dreams from one of the stories we read this Lent?
  - What is one of your dreams?
  - How will your dream help other people?

### ACTIVITY (25 MINUTES)

1. Explain the Catholic social teaching principle of Solidarity. We are all God's children and as one human family we are deeply connected to people around the world—wherever they may be. We are affected by the joy and suffering of all.
2. Have students play the Week 5 Snakes and Ladders game. Put students in teams of two to four and take turns throwing the die. The number they get is the number of spaces their team moves on the board.
  - If they land on a ladder, they advance to the top of the ladder.
  - If they land on a snake, ask them a question from the list. If they answer correctly, they get to stay where they are. If they answer incorrectly, they go down the snake.
  - The winner is the team that reaches the FINISH square first.

### CLOSING PRAYER (5 MINUTES)

1. Invite students to silently call to mind Raúl, Lilian, Noornobi, Glorioso, Karekezi and all our sisters and brothers around the world who face obstacles to their dreams like hunger and poverty.
2. Ask students to think about one thing they can do to keep our global family in mind as they live each day.
3. Have each student say one word that describes their prayer for God's help for our sisters and brothers.
4. Close with the Our Father.

### AT HOME

1. Say a special prayer for the people you learned about this Lent and our global family.
2. As a family, read and discuss the daily reflection in your **CRS Rice Bowl Lenten Calendar**.

### IF YOU ONLY HAVE



1. Read the Week 5 story.
2. Lead Discussion step 3.

**Instructions**

1. **Students will get in groups of 2 to 4 and take turns throwing the dice. The number they get is the number of places they move along the board.**
2. **If they land on a ladder, they will go up to the top of the ladder.**
3. **If they land on a snake, they will be asked a question from the list. If they answer correctly, they get to stay where they are. If they answer incorrectly, they will go down the snake.**
4. **The winner is the person who lands on FINISH first.**

**Questions**

1. What are two countries that share a border with Guatemala? Mexico, El Salvador, Honduras, Belize.
2. In the story of hope from Bangladesh, we meet Noomobi. What is the name of his nephew? Abdul.
3. What are two products that Lilian and Raúl are growing in Guatemala? Tomatoes, onions, chili peppers, oranges.
4. Why do Catholics over the age of 14 not eat meat on Fridays? Because the Church asks them to abstain from it as a way of making sacrifice.
5. What are the three pillars of Lent? Prayer, fasting and almsgiving.
6. What do the 40 days of Lent represent? 40 years of the Israelites wandering in the desert / 40 days Jesus spent in the desert before he started his public ministry.
7. In Rwanda, Gloriose has a business. What does she sell? Vegetables and water.
8. In what continent is Bangladesh? Asia.
9. Say a prayer out loud for those who suffer from hunger.
10. What are two acts of charity that your group can do this Lent? Answers may vary.
11. What are the names of four people who were mentioned in the stories of hope of this year? Raúl, Lilian, Noomobi, Abdul, Gloriose, Karekezi.
12. What is prayer? Answers may vary.
13. What is fasting. Answers may vary.
14. What is almsgiving. Answers may vary.
15. What is one of the challenges Noomobi faced when farming his land in Bangladesh? Flooding, cyclones or limited work.
16. What is one thing Noomobi learned from the CRS project to help his family? How to prevent his land from flooding; how to farm using chemical-free and organic fertilizers; how to raise chickens and ducks to sell.
17. What is one thing Gloriose learned from the CRS project to help her family? How to prepare balanced meals; the importance of good hygiene; how to grow a kitchen garden; how to save and borrow money by joining a microsavings group.
18. In what continent is Rwanda? Africa.
19. What language is spoken in Guatemala? Spanish.
20. Where do Raúl and Lilian sell their produce? Schools.
21. What is one challenge Raúl and Lilian's community struggles with? Malnutrition, water scarcity, poor education, poverty, changing climate, plant diseases.

<div>FINISH</div>		39	38	37 Flooding	36	35
28	29	30	31	32	33	34
27 No access to clean water	26 Teaching others	25 Poor diet	24	23	22	21
14	15	16	17	18	19	20
13 Savings groups	12	11	10	9	8 Donating to CRS Rice Bowl	7
<div>START</div>	1	2	3	4 Nutrition classes	5	6