BULLETIN & NEWSLETTER ANNOUNCEMENTS

SUNDAY(S) BEFORE ASH WEDNESDAY

LENT IS COMING!

Join our faith community—and more than 12,000 Catholic communities across the United States—in a transformative Lenten journey with CRS Rice Bowl. Pick up your family's CRS Rice Bowl from [LOCATION] on [DATE]. During the 40 days of Lent, we will reflect on global hunger and take action to help our sisters and brothers impacted by this injustice. Visit **crsricebowl.org** to learn more.

FIRST WEEK OF LENT

THE PILLARS OF LENT

As we begin our Lenten journey, reflect on how your prayers, fasting and almsgiving can guide you. As Pope Francis explains, these are "elements which, when lived sincerely, can transform life and provide a sure foundation for dignity and fraternity." How can practicing the Lenten pillars transform your life and the lives of our sisters and brothers around the world? Visit **crsricebowl.org** to learn more.

SECOND WEEK OF LENT

PERSEVERENCE TO SUCCEED

Raúl and Lilian have faced many challenges while trying to provide for their family and pursue their dreams in Guatemala. With support from Catholic Relief Services, they have been able to overcome these obstacles and grow their business while helping their community along the way. In what ways are you being challenged to serve others this Lent? Visit **crsricebowl.org** to learn more.

THIRD WEEK OF LENT

OVERCOMING DISASTER

In Bangladesh, cyclones and other natural disasters are increasing—destroying farms, homes and more—making it difficult for people like Noornobi to earn a living and support their families. But Noornobi has learned new techniques to protect his land and income, enabling his niece and nephew to go to school. How can you care for creation to help the planet and our global family? Visit **crsricebowl.org** to learn more.

FOURTH WEEK OF LENT

DRIVEN BY A DREAM

Malnutrition is widespread in Rwanda, but Gloriose and her husband are doing everything they can to keep their children healthy and set them up for success. From learning to grow a kitchen garden to participating in a micro-savings group, Gloriose and Karekezi know it takes many

resources to help their children thrive. How have you helped others access what they need this Lent? Visit **crsricebowl.org** to learn more.

FIFTH WEEK OF LENT

MAKING A DIFFERENCE

Hunger impacts millions of women, men and children around the world. Throughout Lent we have encountered communities in Guatemala, Bangladesh and Rwanda that are overcoming this problem so their members can have brighter futures. How is your community working to address hunger or other injustices locally and globally? Visit **crsricebowl.org** to learn more.

PALM SUNDAY

SHARING GOD'S LOVE

For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. -John 3:16

As we enter Holy Week, we remember how our Lord suffered and died so that each and every one of us might be saved from sin and have eternal life. Reflect on God's infinite love for you. How have you responded to that love this Lent, and how can you share it with others? Visit **crsricebowl.org** to learn more.

EASTER SUNDAY

HAPPY EASTER!

Our CRS Rice Bowl journey has ended, but our prayers, fasting and almsgiving continue as we seek a closer relationship with God and our global family. Let us hold in our hearts our sisters and brothers in Guatemala, Bangladesh and Rwanda and commit to share our Easter joy with those in our local community and around the world. Don't forget to turn in your CRS Rice Bowl at [LOCATION] on [DATE]* or donate online at crsricebowl.org/give.

AFTER-EASTER MESSAGING

THANK YOU

Our community changed lives this Lent through CRS Rice Bowl, and we want to say THANK YOU! Don't forget to turn in your CRS Rice Bowl at [LOCATION] on [DATE] or donate online at **crsricebowl.org/give**.*

*Include a link to your community's CRS Rice Bowl community giving page or information on your preferred method for turning in Lenten gifts.