

WEEK 2

CORPORAL WORKS OF MERCY: VISIT THE SICK

Parents in Madagascar learn how to keep their children healthy with support from community health workers. Ministering to the sick—and helping others stay well—is one of the corporal works of mercy and something Jesus instructs us to do when he says, “I was ill and you cared for me” (Matthew 25:36).

A STORY OF HOPE FROM MADAGASCAR

What is your favorite show or movie? Why do you like it? Has it taught you anything new or interesting?

In Madagascar, families gather to watch puppet shows that entertain and teach. They love seeing the brightly colored puppets talk to each other, tell stories and ask the crowd questions. After each show, parents leave with new information to help their families.

Half of all children in Madagascar are undernourished, meaning they don’t have enough nutritious food to stay healthy. Parents want their children to grow up healthy and strong, and the puppet shows give them new knowledge they can use right away to make sure that happens. Community health workers trained by CRS use the puppets to teach families about how doctor visits, hand washing and *rainbow foods*—different colored foods like tomatoes and carrots that have important vitamins and nutrients—are necessary to stay healthy.

Frankline and Labaladezy have eight children. Their youngest child, Thorin, is almost a year old. While Frankline was pregnant with Thorin, she and her husband Labaladezy watched the puppet shows and learned new ways to support Thorin’s growth and development. When Thorin was born, his parents fed him different, more nutritious foods and took him to the health center for regular check-ups. Thorin is growing a lot and is reaching all his developmental milestones.

Frankline is happy her youngest son is doing so well, and she sees the positive effects of their new rainbow diet on the rest of the family. She says, “I dream that my children will stay healthy.



Photo by Dooshima Tsee / CRS

I hope that Thorin may become a doctor or a leader in our community.” Every parent wants their children to reach their full potential, and CRS is helping make sure they can do just that.

FACTS TO CONSIDER:

- CRS has worked in Madagascar for nearly 60 years, providing lifesaving relief in the wake of natural and man-made emergencies, and supporting development in education, agriculture, health and nutrition, water and sanitation, and other areas.
- Communities are working together in Madagascar to address food insecurity and malnutrition through an innovative CRS program called Community Led Total Nutrition. The program aims to improve the health of children under age 5 through education, health check-ups and better nutrition.
- Stunting, which happens when a child doesn’t get the right amount of nutrition, affects nearly half of all children in Madagascar and has a permanent impact on their physical growth and brain development.



For downloadable photos, visit crsricebowl.org/photos and watch the video from Week 2 at crsricebowl.org/stories.

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45 MINUTES

OBJECTIVE

Through the story of community health workers supporting families in Madagascar, students will learn about the corporal work of mercy visiting the sick.

MATERIALS

- Week 2 story or video (available at [csricebowl.org/stories](https://www.csricebowl.org/stories))
- Week 2 Activity Sheet: Grades 1-3 (available in this guide and at [csricebowl.org/1-8](https://www.csricebowl.org/1-8))

DISCUSSION (15 MINUTES)

1. Ask students if they remember where Madagascar is. Locate it on the map.
2. Read or watch the story from Week 2.
3. Reflect:
 - What do the puppet shows teach families in Madagascar? How does it help them?
 - What are *rainbow foods*? What rainbow foods do you and your family eat?
 - What does Jesus' teaching to visit the sick mean to you?

ACTIVITY (25 MINUTES)

1. Explain the corporal work of mercy visiting the sick. We all know what it feels like to be sick. It can be painful and make us feel alone. God made us to be healthy and whole. We can ease the suffering of those who are ill by visiting them, praying for them and performing other acts of charity.
2. Have students complete the Week 2 Activity Sheet: Grades 1-3.
3. If time permits, ask students to share one way they can help someone who is sick feel better.

CLOSING PRAYER (5 MINUTES)

Jesus,

You teach us that when we care for those who are sick, we care for you. May we offer help and comfort for others when they are sick. And we pray in a special way for the children and families in Madagascar who struggle to stay healthy.

Amen

AT HOME

1. Share your activity sheet with your family.
2. As a family, read and discuss the daily reflection in your **CRS Rice Bowl Lenten Calendar**.

IF YOU ONLY HAVE

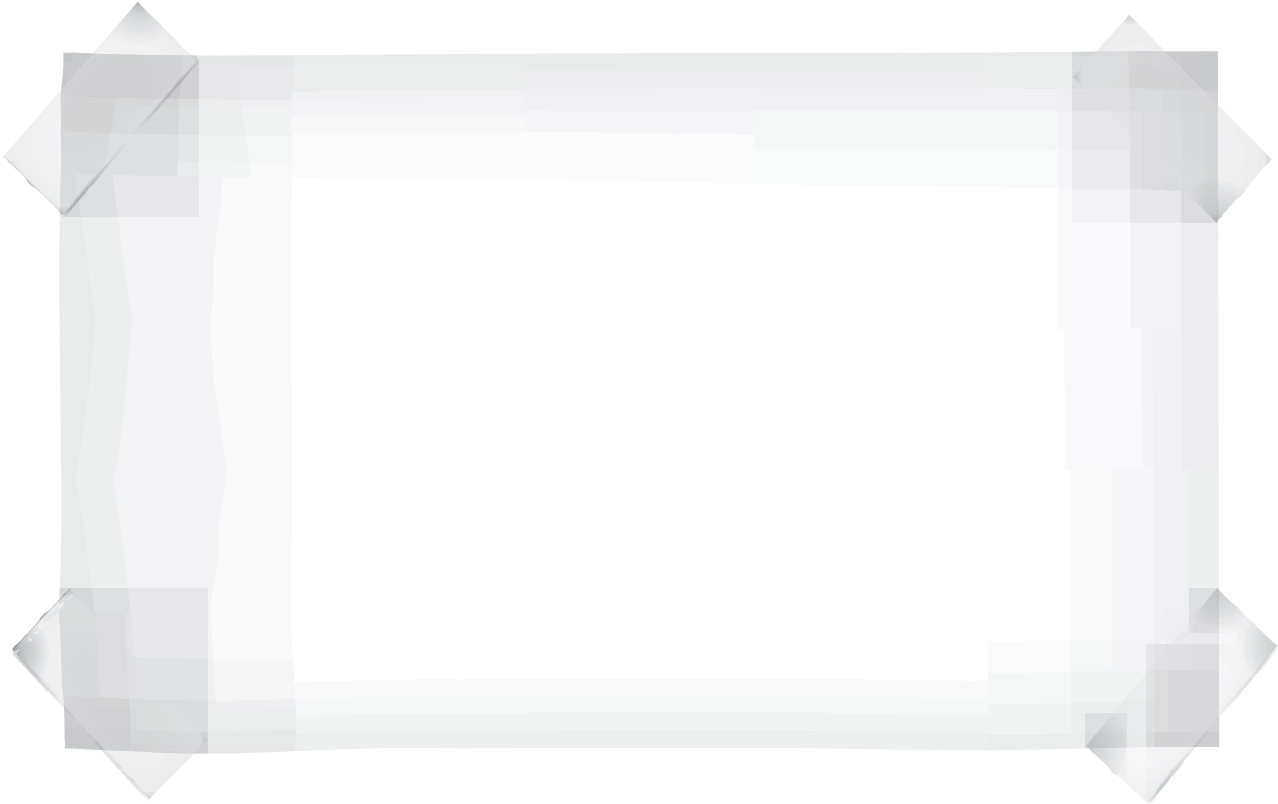


1. Read or watch the Week 2 story.
2. Lead Discussion step 3.

Name: _____



In the box below, draw different foods that represent the colors of the rainbow: Red, Orange, Yellow, Green, Blue, Purple. Make it colorful and circle the foods that you like to eat.



Who takes care of you when you are sick? How do they make you feel better?

If your friend or family member were sick, what would you do to make them feel better?
