SUNDAY(S) BEFORE ASH WEDNESDAY

WE ARE CALLED
Join our faith community—and more than 12,000 Catholic communities across the United States—in a life-changing Lenten journey with CRS Rice Bowl. Pick up your family’s CRS Rice Bowl from [LOCATION] on [DATE]. During the 40 days of Lent, we will reflect on how hunger and malnutrition affect our human family, and on the need to take action to end this global injustice. Visit crsricebowl.org to learn more.

FIRST WEEK OF LENT

HUNGER IN OUR WORLD
Jesus told us that whatever we did for one of these least brothers of his we did for him. Reflect on the challenge of global hunger—it is a reality for millions of our sisters and brothers. What will you do to support the hungry in our community and around the world? Visit crsricebowl.org to learn more.

SECOND WEEK OF LENT

BETTER MEALS IN MADAGASCAR
In Madagascar, half of all children are undernourished. That means 50% of kids won’t grow to reach their full potential. But communities are changing this by focusing on improving health and nutrition. What role has food played in your life? How can you help those who lack access to enough nutritious food. Visit crsricebowl.org to learn more.

THIRD WEEK OF LENT

SUSTAINABILITY IN EL SALVADOR
Drought has become a big problem across El Salvador, making it difficult for farmers to produce enough crops to support their families. But new farming techniques—and a new generation of young farmers—are making a difference. What would you do if your livelihood was threatened? How can you support young people in your community and around the world? Visit crsricebowl.org to learn more.

FOURTH WEEK OF LENT

TRYING NEW FOODS IN TIMOR-LESTE
Timor-Leste has the highest rate of child malnutrition in Asia, and many children suffer from stunting, which makes a big impact on a child’s growth and future. Home gardens and fishponds are helping families provide better nutrition for their children. What do you eat to stay healthy? What can you do to ensure children have enough food to thrive? Visit crsricebowl.org to learn more.

FIFTH WEEK OF LENT

COMMUNITY IN MADAGASCAR
Poor nutrition can lead to devastating long-term consequences for individuals, communities and entire countries. That’s why communities must work together to ensure that all children have access to better food and nutrition. New planting and cooking techniques are helping many communities in Madagascar improve the health and wellbeing of their children. How does your community work together for the good of others? Visit crsricebowl.org to learn more.

Palm Sunday

SERVING THE SUFFERING CHRIST
As we enter Holy Week and celebrate Palm Sunday, let’s reflect on how our Lord suffered from our indifference: those who proclaimed him king of Jerusalem were the same who called to crucify him. We recognize we are all one human family. Are we contributing to the suffering of our sisters and brothers with our indifference to their realities? How does our faith inspire us to care for them and share the gifts that God has bestowed on us? Visit crsricebowl.org to learn more.

Easter Sunday

HAPPY EASTER!
We prayed, fasted and gave alms—and now we rejoice because Christ is risen! Our Lenten journey with CRS Rice Bowl challenges us as we begin the Easter season to share the joy of having a loving God that is alive and accompanies us always. Let’s do the same by being present to our global family by caring for their material and spiritual needs. Don’t forget to turn in your CRS Rice Bowl at [LOCATION] on [DATE]* or donate online at crsricebowl.org/give.

AFTER-EASTER MESSAGING

THANK YOU
Our community changed lives this Lent, and CRS Rice Bowl wants to say THANK YOU! Don’t forget to turn in your CRS Rice Bowl at [LOCATION] on [DATE] or donate online at crsricebowl.org/give.*

*Include a link to your community’s CRS Rice Bowl community giving page, or info on your preferred method for turning in Lenten gifts.