

SOLIDARITY

GRADES 1-3

45 MINUTES

OBJECTIVE

Through the stories of Trinh, Yvone, and Maria Ana, students will explore a Catholic social teaching principle—**Solidarity**—and how we are all part of one human family.

MATERIALS

- Week 5 story or video (available at [csricebowl.org/stories](https://www.csricebowl.org/stories))
- Week 5 Activity Sheet: Grades 1-3 (in this guide and also available at [csricebowl.org/schools](https://www.csricebowl.org/schools))

DISCUSSION (15 MINUTES)

1. Read or watch the Week 5 story.
2. Reflect:
 - What did you learn in the story this week?
 - How are you like the girls in the story?
 - What are your dreams for the future?

ACTIVITY (25 MINUTES)

1. Explain Solidarity. Discuss that we are all God's children and as one human family, we are deeply connected to people around the world—wherever they may be. We are affected by the joy and suffering of all.
2. Have students complete the Week 5 Activity Sheet: Grades 1-3.
3. Invite them to share their pictures with the class.

CLOSING PRAYER (5 MINUTES)

Compassionate God,

We pray that each person discovers their passion and true calling. May all people be able to pursue their dreams, have safe work and be paid fairly.

Amen

AT HOME

1. Share your activity sheet with your family.
2. As a family, discuss the Lenten calendar reflection for the day.

IF YOU ONLY HAVE



1. Read or watch the Week 5 story.
2. Lead Discussion step 2.

WEEK 5
SOLIDARITY



Draw a line from the girls' names to what they want to be when they grow up.

TRINH



YVONE



MARIA ANA



Draw a picture of what you want to be when you grow up.

