

OPTION FOR THE POOR AND VULNERABLE

GRADES 4-6

45 MINUTES

OBJECTIVE

Through the stories of Trinh, Yvone, and Maria Ana, students will explore a Catholic social teaching principle—**Option for the Poor and Vulnerable**—and learn how they can care for others.

MATERIALS

- Week 3 story or video (available at [csricebowl.org/stories](https://www.csricebowl.org/stories))
- Week 3 Activity Sheet: Grades 4-6 (in this guide and also available at [csricebowl.org/schools](https://www.csricebowl.org/schools))

DISCUSSION (15 MINUTES)

1. Read or watch the Week 3 story.
2. Reflect:
 - What stood out to you in the story?
 - What obstacles do the girls and their families face?
 - What support is CRS providing to the girls and their families?

ACTIVITY (25 MINUTES)

1. Explain Option for the Poor and Vulnerable. Share that Jesus tells us to give special care to those who are most in need. He reminds us of our Christian duty to stand up for others and help the poorest people.
2. Have students complete the Week 3 Activity Sheet: Grades 4-6.
3. If time permits, ask students to share their poems in small groups.

CLOSING PRAYER (5 MINUTES)

Loving God,

Please help those who are suffering from poverty and hunger due to the destruction of the natural world. Help us to be conscious of the resources we have. Open our eyes to see more fully the beauty of Your Creation.

Amen

AT HOME

1. Share your activity sheet with your family.
2. As a family, discuss the Lenten calendar reflection for the day.

IF YOU ONLY HAVE



1. Read or watch the Week 3 story.
2. Lead Discussion step 2.

WEEK 3
OPTION FOR THE
POOR AND VULNERABLE



Write an acrostic poem about the importance of proper nutrition for our human family around the world.

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