

# LIFE AND DIGNITY OF THE HUMAN PERSON

## GRADES 1-3

45 MINUTES

### OBJECTIVE

Through the stories of Trinh, Yvone, and Maria Ana, students will explore a Catholic social teaching principle—**Life and Dignity of the Human Person**—and how they can uphold the dignity of others.

### MATERIALS

- Map
- Week 1 story or video (available at [crsricebowl.org/stories](https://crsricebowl.org/stories))
- Week 1 Activity Sheet: Grades 1-3 (in this guide and also available at [crsricebowl.org/schools](https://crsricebowl.org/schools))

### DISCUSSION (15 MINUTES)

1. Find Kenya, Honduras, and Vietnam on the map.
2. Read or watch the story from Week 1.
3. Reflect:
  - Who did we meet in the story?
  - What was your favorite part of the story?
  - What do the three girls have in common?

### ACTIVITY (25 MINUTES)

1. Explain the Catholic social teaching principle, Life and Dignity of the Human Person. We were made in God's image and likeness. That means that every human being has special value and purpose. We need to care for each other so we can be the people God calls us to be.
2. Have students complete the Week 1 Activity Sheet: Grades 1-3.
3. If time permits, ask the students to share their answers to the questions.

### CLOSING PRAYER (5 MINUTES)

*O God,*

*We pray that we have the courage to serve you by reaching out to those who are hungry, and we pray in a special way for Trinh, Yvone, Maria Ana, and their families.*

*Amen*

### AT HOME

1. Share your activity sheet with your family.
2. As a family, discuss the Lenten calendar reflection for the day.

### IF YOU ONLY HAVE

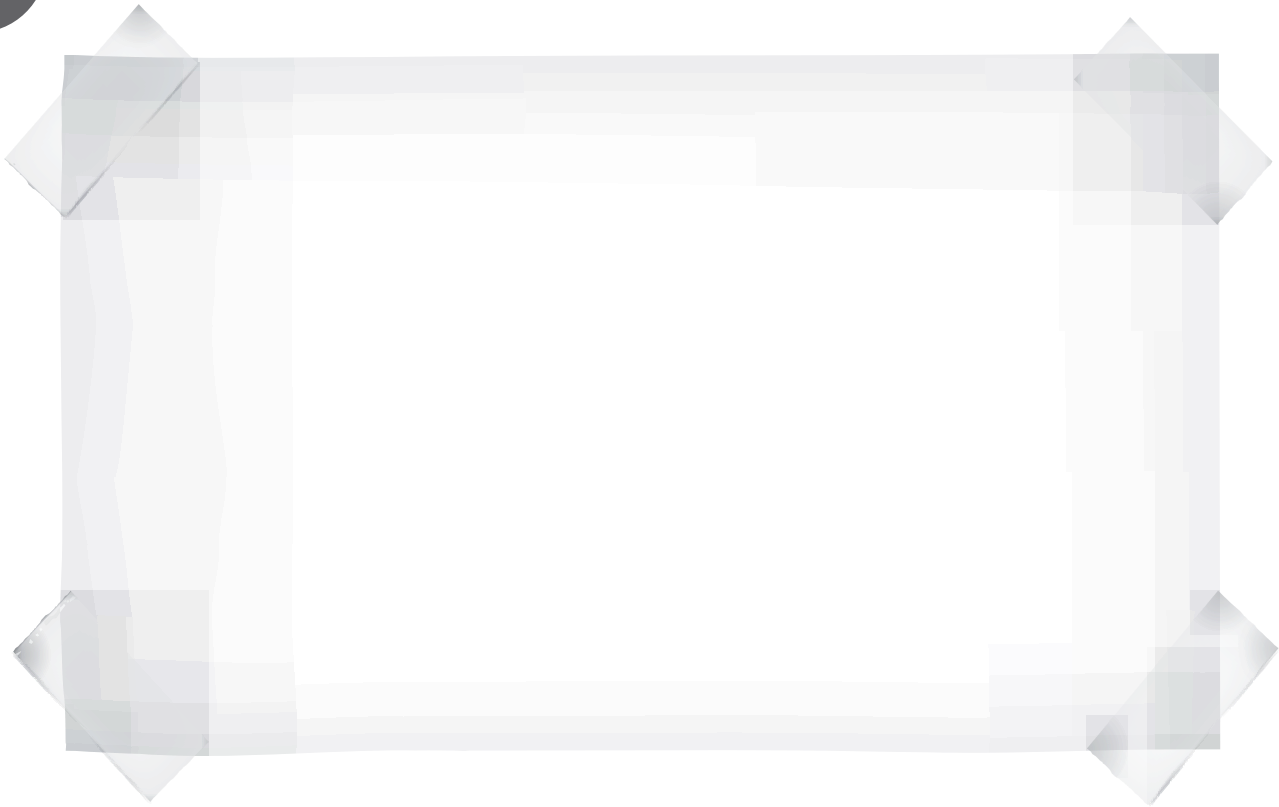


1. Read or watch the Week 1 story.
2. Lead Discussion step 3.

**WEEK 1**  
LIFE AND DIGNITY  
OF THE HUMAN PERSON



In the box below, draw a picture of Jesus and the disciples giving fish and loaves of bread to the hungry people.



Name a time when you shared something with someone else.

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How did it make you feel?

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How did it make the other person feel?

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