

WED 2.26

- ✝ Write your Lenten promise on your CRS Rice Bowl.
- ☔ GIVE \$1 for your promise.

THU 2.27

- 👤 Read Mark 6:34-44
- ❓ Jesus fed the hungry. Why should we follow his example?
- ☔ GIVE 25 cents for each loaf and fish in the Bible story.

FRI 2.28

- 🍲 Make Pilau, a meatless recipe from Kenya. Visit crsricebowl.org/recipe.
- ☔ GIVE \$1 for each family member who eats with you.

SAT 2.29

- ❓ How will your family observe Lent together?
- ☔ GIVE 25 cents for each way you will observe Lent.

SUN 3.1

- 👤 Read the story for Week 1 at crsricebowl.org.
- ❓ What question would you ask Yvone, Trinh and Maria Ana?
- ☔ GIVE \$1 for the first week of Lent.



MON 3.2

- ❓ What does it mean to be one human family?
- ☔ GIVE 25 cents for each of your neighbors.

TUE 3.3

- ✝ Pray for families around the world.
- ☔ GIVE 25 cents for each member of your family.

WED 3.4

- 👁 Watch the video for Week 1.
- ❓ What more would you like to learn about Kenya, Honduras, and Vietnam?



THU 3.5

- 👤 Read Mark 6:34
- ❓ Shepherds care for their flock. How is Jesus a shepherd?



FRI 3.6

- 🍲 Make Baleadas, a meatless recipe from Honduras. Visit crsricebowl.org/recipe.
- ☔ GIVE \$1 for each snack you had today.

SAT 3.7

- ❓ What would you tell a child from another country about your life in the United States?

SUN 3.8

- 👤 Read the story for Week 2.
- ❓ How can you show people in your life that you care for them?
- ☔ GIVE \$2 for the second week of Lent.



MON 3.9

- ❓ How would living without electricity or running water affect your life and home?
- ☔ GIVE 25 cents for each time you've turned on water or a light today.

TUE 3.10

- ✝ Pray for Trinh and her family.

WED 3.11

- 👁 Watch the video for Week 2.
- ❓ What responsibilities do you have in caring for your home and family?



THU 3.12

- 👤 Read Mark 6:37
- ❓ When have you shared food with others? How does that make you feel?
- ☔ GIVE 25 cents for each time you shared this week.

FRI 3.13

- 🍲 Make Crispy Pancakes, a meatless recipe from Vietnam. Visit crsricebowl.org/recipe.



SAT 3.14

- ❓ How would you describe your home and family?
- ☔ GIVE 25 cents for each way you help at home.



MON 3.16

- ❓ What is the most interesting food you've ever tried?
- ☔ GIVE 50 cents for each type of food in your home.

TUE 3.17

- ✝ Pray for Yvone and her family.
- ☔ GIVE 25 cents for each thing you're thankful for this week.



WED 3.18

- 👁 Watch the video for Week 3.
- ❓ Who can you share a meal with this week?

THU 3.19

- 👤 Read Mark 6:39-40
- ❓ Jesus fed 5,000 people! What do you think they talked about while they ate?



MARCH

MON	TUE	WED	THU	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SUN 3.15

- 👤 Read the story for Week 3.
- ❓ Describe a time when you were hungry.
- ☔ GIVE \$3 for the third week of Lent.



FRI 3.20

- 🍲 Try a new meatless recipe from crsricebowl.org/recipe.
- ☔ GIVE \$1 for any new foods you tried this week.

SAT 3.21

- ? What is your favorite part of family meals?
- GIVE to the CRS collection at mass this weekend.



Photo by Georgina Goodwin for CRS

FRI 3.27

- Try a meatless recipe from crsricebowl.org/recipe.
- GIVE what you would spend on a school lunch.

SAT 3.28

- ? Why is school important to you?

SUN 3.22

- Read the story for Week 4.
- ? How is school in Vietnam, Honduras or Kenya different from your school?
- GIVE \$4 for the fourth week of Lent.

MON 3.23

- ? What are your favorite school subjects? Why?

TUE 3.24

- Say a prayer in gratitude for your school.
- GIVE 50 cents for each year of your education.



WED 3.25

- Watch the video for Week 4.
- ? How are teachers in each country similar to your teachers?
- GIVE 25 cents for each of your teachers.

THU 3.26

- Read Mark 6:41
- ? Before feeding the 5,000, Jesus said a prayer. What do you think Jesus prayed for?

FRI 3.27

- Try a meatless recipe from crsricebowl.org/recipe.
- GIVE what you would spend on a school lunch.

SAT 3.28

- ? Why is school important to you?

SUN 3.29

- Read the story for Week 5.
- ? Who or what has helped you to be where you are today?
- GIVE \$5 for Week 5.



Photo by Oscar Leiva/Silverlight for CRS

MON 3.30

- ? What would you ask a young person in another country about their dreams?



Photo by Oscar Leiva/Silverlight for CRS

TUE 3.31

- ? What dreams do you have for your future?
- Ask God to help you reach them.
- GIVE 50 cents for each of your dreams.



Photo by Oscar Leiva/Silverlight for CRS

WED 4.1

- Watch the video for Week 5.
- ? How do you show courage?
- GIVE 50 cents for each time you've shown courage this week.

THU 4.2

- Read Mark 6:42-44
- ? Multiplying loaves and fishes was a miracle. What would you say if you saw a miracle?

FRI 4.3

- Make a new meatless recipe from crsricebowl.org/recipe.

SAT 4.4

- During Holy Week, we pray in community. To prepare, say a prayer as a family.
- GIVE \$1 for each time you'll pray with others this week.

SUN 4.5

- Read the story for Week 6.
- ? What have you learned this Lent about our global human family?



Photo by Oscar Leiva/Silverlight for CRS

APRIL

MON	TUE	WED	THU	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

MON 4.6

- ? How have your sacrifices transformed you this Lent?



Photo by Oscar Leiva/Silverlight for CRS

WED 4.8

- Pray the Stations of the Cross at crsricebowl.org/stationsofthecross
- ? How are you inspired by Jesus' courage on the cross?



Photo by Oscar Leiva/Silverlight for CRS

FRI 4.10

- GOOD FRIDAY
- ? We remember that Jesus sacrificed himself for each of us. How can we give of ourselves as Jesus did?



Photo by Oscar Leiva/Silverlight for CRS

SAT 4.11

- HOLY SATURDAY
- ? Today, we look forward to the hope of the Resurrection. What do you hope for this Easter?

TUE 4.7

- ? How are you preparing for Easter?
- Find resources for Holy Week at crsricebowl.org/holyweek.

THU 4.9

- HOLY THURSDAY
- ? How have you served those in need this Lent?

SUN 4.12

- EASTER SUNDAY
- May the risen Christ, who fed the multitudes, reside with us during the Easter season, inspiring us to reach out to all those we encounter!

- Don't forget to turn in your CRS Rice Bowl to your parish or school, or give online at crsricebowl.org/give.