

LESSON PLAN TEMPLATE



PURPOSE

Use this template to structure sessions to engage youth in Catholic social teaching principles through prayer, activities and Stories of Hope from CRS Rice Bowl.

INSTRUCTIONS

This Lent, engage your youth in one or more sessions on how our Catholic faith relates to the world and our one human family.

FOR EACH SESSION

STEP 1

Choose one of the following Catholic social teaching principles as your focus.

- Option for the Poor
- Sacredness and Dignity of the Human Person
- Dignity of Work and the Rights of Workers
- Call to Family, Community and Participation
- Care for God's Creation
- Solidarity

Each Catholic social teaching principle has a corresponding CRS Rice Bowl Story of Hope video or story, prayer and activity found at crsricebowl.org/youth.

STEP 2

Lead a 20 minute discussion with youth using the Catholic social teaching principle handout and corresponding Story of Hope.

- Read the Catholic social teaching principle's definition and have participants discuss their understanding of the principle as a large group or in pairs.
- Read or watch the video of the Story of Hope that corresponds to the Catholic social teaching principle you have selected.
 - What stands out to you in the story?
 - Where do you see the Catholic social teaching principle illustrated in the Story of Hope?

STEP 3

Facilitate the 20 minute activity from the following pages that corresponds to your Catholic social teaching principle.

STEP 4

Close by reading the 5 minute prayer that corresponds with the Catholic social teaching principle the participants explored in their discussion and activity.

STEP 5

Ask youth to read or watch the video of the Story of Hope and review the discussion questions at home with their family.