SUNDAY(S) BEFORE ASH WEDNESDAY

We are called

Join our faith community—and more than 14,000 Catholic communities across the United States—in a life-changing Lenten journey with CRS Rice Bowl. Pick up your family’s CRS Rice Bowl from [LOCATION] on [DATE]. During the 40 days of Lent, we will reflect on the challenge of global hunger and how it affects our human family.

FIRST WEEK OF LENT

Hunger in Our World

When Jesus fed the 5,000, he said, “Give them some food yourselves.” Reflect on the challenge of global hunger. How can you contribute to support the hungry in your community? Visit crsricebowl.org for more.

SECOND WEEK OF LENT

Meet Trinh

Trinh’s family are farmers in Vietnam who have been affected by climate change. What would you do if your source of nutrition was threatened? How can we support those whose livelihoods are vulnerable to weather? Visit crsricebowl.org for more.

THIRD WEEK OF LENT

Meet Yvone

Meet Yvone from Kenya. She learned proper nutrition and hygiene practices to help keep her healthy and in school. Yvone now has a chance to dream and the strength to follow those dreams. How can you ensure that young people in your community receive proper nutrition? Visit crsricebowl.org for more.

FOURTH WEEK OF LENT

Meet Maria Ana

Maria Ana and her brothers receive one meal a day at school, so that they can focus on achieving their dreams. How was education important for your future? How can you ensure that all young people have a chance to be educated? Visit crsricebowl.org for more.

FIFTH WEEK OF LENT

Opportunity to Dream

Young people must be provided good nutrition to be able to pursue their dreams. Did you have the opportunity to dream? What can you do to give young people the opportunity to dream? Visit crsricebowl.org for more.

PALM SUNDAY

Do This in Memory of Me

As we enter Holy Week, we celebrate the gift of the Eucharist as our heavenly food. We continue to reflect on the challenge of global hunger. How does our faith inspire us to share the gifts that God has bestowed on us? Visit crsricebowl.org for more.

EASTER SUNDAY

Happy Easter!

We prayed, fasted and gave alms—and now we celebrate the Risen Lord! Our Lenten journey with CRS Rice Bowl challenges us as we begin the Easter season to share what we have with our global family. Don’t forget to turn in your CRS Rice Bowl at [LOCATION] on [DATE].*

AFTER-EASTER MESSAGING

Thank You

Our community changed lives this Lent, and CRS Rice Bowl wants to say THANK YOU! Don’t forget to turn in your CRS Rice Bowl at [LOCATION] on [DATE].*

*It may be helpful to include your community’s preferred method for turning in Lenten gifts.