

# encounter *Lent*

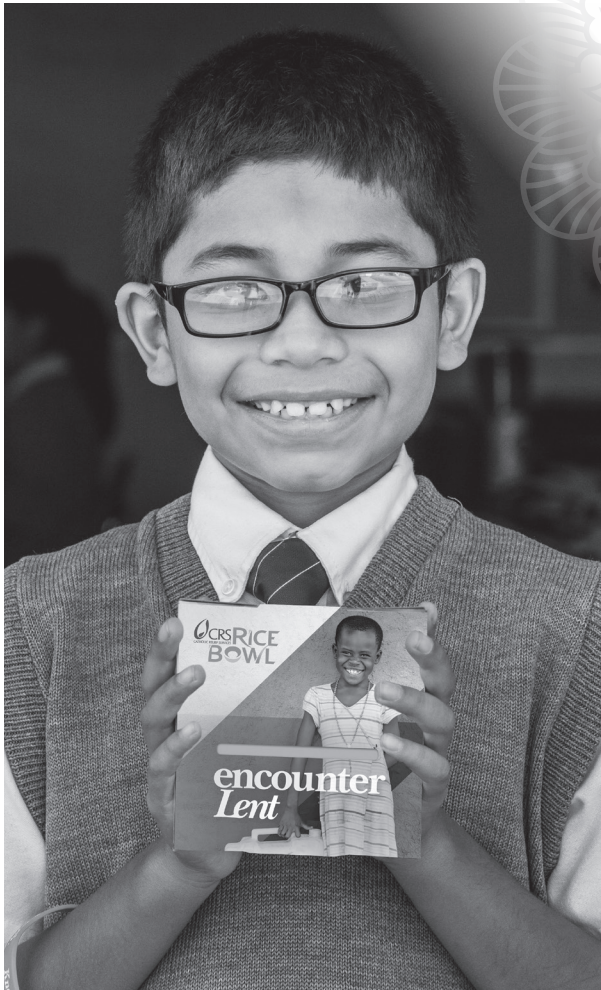


Photo by Karen Kamauskas for CRS

This Lent, encounter Christ in the desert through

- Daily prayer
- Weekly fasting
- Almsgiving that changes lives

Jesus showed courage when confronted by fear. With CRS Rice Bowl as our guide, we too stand with courage to encounter the needs of all.

Learn more at [crsricebowl.org](http://crsricebowl.org).



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CATHOLIC RELIEF SERVICES