

OPTION FOR THE POOR AND VULNERABLE

GRADES 7-8

45 MINUTES

OBJECTIVE

Through the story of Annet in Uganda, students will explore a Catholic social teaching principle, Option for the Poor and Vulnerable, and learn how they can care for others.

MATERIALS

Map, Facts to Consider: Uganda, Annet's story or video (available at crsricebowl.org/stories), Uganda Activity Sheet: Grades 7-8 (available at crsricebowl.org/schools)

DISCUSSION (15 MINUTES)

1. Locate Uganda on the map.
2. Ask a few students to read the Facts to Consider aloud. Which do they find most interesting? Why?
3. Read or watch Annet's story.
4. Reflect:
 - What stood out to you in the story?
 - How does it illustrate Option for the Poor and Vulnerable?
 - What are some ways you can help the poor and vulnerable?

ACTIVITY (25 MINUTES)

1. Explain Option for the Poor and Vulnerable. Share that Jesus tells us to give special care to those who are most in need. He reminds us of our Christian duty to stand up for others and help the poorest people.
2. Have students complete the Uganda Activity Sheet: Grades 7-8.
3. If time permits, have them share their responses in small groups.

CLOSING PRAYER (5 MINUTES)

*Loving God,
 We experience you in all things and all people.
 Help us to recognize your presence in those we encounter. May we show them kindness as if we were meeting you.
 Amen*

AT HOME

1. Read the **Share the Journey** section of the Lenten calendar and write your thoughts about it in a short paragraph.
2. Use the CRS Rice Bowl app to find more.

IF YOU ONLY HAVE



1. Read or watch Annet's story.
2. Lead discussion step 4.



UGANDA
 OPTION FOR THE POOR
 AND VULNERABLE

Use the words in the box below to fill in the Scripture story.

EGYPT	LIFE	MOTHER
NAZARETH	AFRAID	FLEE
CHILD	TOWN	ANGEL

MATTHEW 2:13-15, 19-23

The angel of the Lord appeared to Joseph in a dream and said, "Rise, take the child and his mother, _____ to Egypt, and stay there until I tell you. Herod is going to search for the _____ to destroy him." Joseph rose and took the child and his mother by night and departed for _____. He stayed there until the death of Herod (...)

When Herod had died, behold, the _____ of the Lord appeared in a dream to Joseph in Egypt and said, "Rise, take the child and his mother and go to the land of Israel, for those who sought the child's _____ are dead." He rose, took the child and his _____, and went to the land of Israel. But when he heard that Archelaus was ruling over Judea in place of his father Herod, he was _____ to go back there. And because he had been warned in a dream, he departed for the region of Galilee. He went and dwelt in a _____ called _____, so that what had been spoken through the prophets might be fulfilled, "He shall be called a Nazorean."

1. What similarities did you find in the scripture story and Annet's story?

2. Do you know someone that has had to leave their home for safety reasons?

3. How can you give a voice to those who are unheard and help to those who are most vulnerable?
