

LIFE AND DIGNITY OF THE HUMAN PERSON

GRADES 7-8

45 MINUTES

OBJECTIVE

Through the story of Norma in Guatemala, students will explore a Catholic social teaching principle, Life and Dignity of the Human Person, and how they can uphold the dignity of others.

MATERIALS

Map, Facts to Consider: Guatemala, Norma's story or video (available at crsricebowl.org/stories), copies of the Guatemala Activity Sheet: Grades 7-8 (available at crsricebowl.org/schools)

DISCUSSION (15 MINUTES)

1. Locate Guatemala on the map.
2. Ask a few students to read the Facts to Consider aloud. Which do they find most interesting? Why?
3. Read or watch Norma's story.
4. Explain what Life and Dignity of the Human Person means.
5. Reflect:
 - What stood out to you in this story?
 - What was the experience of Norma's family before and after they encountered CRS?
 - How does Catholic Relief Services' work uphold the Life and Dignity of the Human Person?

ACTIVITY (25 MINUTES)

1. Explain that there are millions of people around the world who struggle to provide a healthy lifestyle for their families, like Norma and her family in Guatemala.
2. Have students complete the Guatemala Activity Sheet: Grades 7-8.
3. Ask the students to share their answers with the class.

CLOSING PRAYER (5 MINUTES)

God of all nations,

You are present in every human being, including our neighbors who are most in need.

May we come to understand our role as a member of the body of Christ and be moved to action.

Amen

AT HOME

1. Read the **Share the Journey** section of the Lenten calendar and write your thoughts about it in a short paragraph.
2. Use the CRS Rice Bowl app to find more.

IF YOU ONLY HAVE



10
MINUTES

1. Read or watch Norma's story.
2. Lead discussion step 5.

GUATEMALA
LIFE AND DIGNITY
OF THE HUMAN PERSON



Health and food are essential to living a dignified life. Explain why.

Handwriting lines for the first question.



If you knew someone in your neighborhood who was going through a similar situation as Norma, what would be some ways that you could help them? Who else could you involve for support?

Large writing area for the second question, including a decorative floral pattern on the right side.