

# UGANDA

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## OPTION FOR THE POOR AND VULNERABLE

### GRADES 4-6

45 MINUTES

#### OBJECTIVE

Through the story of Annet in Uganda, students will explore a Catholic social teaching principle, Option for the Poor and Vulnerable, and learn how they can care for others.

#### MATERIALS

Map, Annet's story or video (available at [crsricebowl.org/stories](https://crsricebowl.org/stories)), scissors, glue sticks, Uganda Activity Sheet: Grades 4-6 (available at [crsricebowl.org/schools](https://crsricebowl.org/schools))

#### DISCUSSION (15 MINUTES)

1. Locate Uganda on the map.
2. Read or watch Annet's story.
3. Reflect:
  - What stood out to you in this story?
  - What challenges did Annet and her siblings face?
  - Where do you see the Option for the Poor and Vulnerable illustrated in her story?

#### ACTIVITY (25 MINUTES)

1. Explain Option for the Poor and Vulnerable. Share that Jesus tells us to give special care to those who are most in need. He reminds us of our Christian duty to stand up for others and help the poorest people.
2. Have students complete the Uganda Activity Sheet: Grades 4-6.
3. If time permits, ask students to share what they chose to pray for.

#### CLOSING PRAYER (5 MINUTES)

*Compassionate God,*

*We pray that those who are poor and vulnerable be given the care and attention they need.*

*May they have the opportunity to care for their family and pursue their dreams.*

*Amen*

#### AT HOME

1. Share your activity sheet with your family.
2. As a family, discuss the Lenten calendar reflection for the day.
3. Use the CRS Rice Bowl app to find more.

#### IF YOU ONLY HAVE

**10**

**MINUTES**

1. Read or watch Annet's story.
2. Lead discussion step 3.



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On each finger of the left hand write a cause or a person you will be praying for this Lent. On the corresponding finger of the right hand, write the end of your prayer.

Cut them out, and glue them together, making one hand.

Example:

Left hand, Index: I pray for...Annet.

Right hand, Index: ...so that...she is never hungry.

