

GUATEMALA

LIFE AND DIGNITY OF THE HUMAN PERSON

GRADES 4-6

45 MINUTES

OBJECTIVE

Through the story of Norma in Guatemala, students will explore a Catholic social teaching principle, Life and Dignity of the Human Person, and how they can uphold the dignity of others.

MATERIALS

Map, Norma's story or video (available at crsricebowl.org/stories), copies of the Guatemala Activity Sheet: Grades 4-6 (available at crsricebowl.org/schools)

DISCUSSION (15 MINUTES)

1. Locate Guatemala on the map.
2. Read or watch Norma's story.
3. Explain Life and Dignity of the Human Person.
4. Reflect:
 - What stood out to you in this story?
 - What was the experience of Norma's family before and after encountering CRS?
 - How was Life and Dignity of the Human Person demonstrated in the story?

ACTIVITY (25 MINUTES)

1. Explain that people around the world—like Norma and her family—struggle to provide a nutritious healthy lifestyle for their families. We can pray for them during Lent.
2. Have students complete the Guatemala Activity Sheet: Grades 4-6 and share their answers in pairs.
3. Provide time for group sharing.

CLOSING PRAYER (5 MINUTES)

God of dignity,

We encounter you in our brothers and sisters. Help us to spread your love and uphold the dignity of all people around the world who need support because of violence, poverty and hunger.

Amen

AT HOME

1. Share your activity sheet with your family.
2. As a family, discuss the Lenten calendar reflection for the day.
3. Use the CRS Rice Bowl app to find more.

IF YOU ONLY HAVE



1. Read or watch Norma's story.
2. Lead discussion steps 3 and 4.



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We are made in God’s image and likeness. That means every human being has special value and a purpose. We need to care for each other so that we can be the people God calls us to be.

Name three people you see often but not every day.

Write down what you can do to care for them. _____

Share with a partner why these people are important to you and how you said you could care for them.