



THE DIGNITY OF WORK AND THE RIGHTS OF WORKERS

GRADES 7-8

45 MINUTES

OBJECTIVE

Through the story of Cesia in Nicaragua, students will explore a Catholic social teaching principle, The Dignity of Work and the Rights of Workers, and how they can uphold the dignity of others.

MATERIALS

Map, Facts to Consider: Nicaragua, Cesia's story or video (available at [csricebowl.org/stories](https://www.csricebowl.org/stories)), Nicaragua Activity Sheet: Grades 7-8

DISCUSSION (15 MINUTES)

1. Locate Nicaragua on the map.
2. Ask two students to read the Facts to Consider aloud.
3. Read or watch Cesia's story.
4. Reflect:
 - What stood out to you in the story?
 - How does it illustrate the dignity of work?
 - What are some ways you can respect the rights of workers and promote the dignity of work?

ACTIVITY (25 MINUTES)

1. Explain The Dignity of Work and the Rights of Workers. Share how work is important to help people fulfill their potential, and that everyone must be paid fairly to provide for themselves and their families.
2. Discuss how access to dignified work at a living wage allows people to remain with their families and build up their communities.
3. Distribute the Nicaragua Activity Sheet: Grades 7-8, which students will use to reflect on vocation, and on how creating opportunities for people to explore their vocation supports The Dignity of Work and the Rights of Workers.

CLOSING PRAYER (5 MINUTES)

Loving God,

We experience you in all things and all people.

Help us to recognize your presence in the people we encounter—and help us to uphold and respect the dignity of work for all.

Amen

AT HOME

1. Read the **Pope Francis Reflects** section of the Lenten calendar and write your thoughts about it in a short paragraph.

IF YOU ONLY HAVE

10

MINUTES

1. Read or watch Cesia's story.
2. Lead Discussion step 4.

