



## THE DIGNITY OF WORK AND THE RIGHTS OF WORKERS

### GRADES 1-3

45 MINUTES

#### OBJECTIVE

Through the story of Cesia in Nicaragua, students will explore a Catholic social teaching principle, The Dignity of Work and the Rights of Workers, and how they can uphold the dignity of others.

#### MATERIALS

Map, Cesia's story or video (available at [crsricebowl.org/stories](http://crsricebowl.org/stories)), Nicaragua Activity Sheet: Grades 1-3

#### DISCUSSION (15 MINUTES)

1. Locate Nicaragua on the map. Where is it?
2. Read or watch Cesia's story.
3. Reflect:
  - Who did we meet in the story?
  - What challenges did they face?
  - How was Cesia helped, and how is she helping others in her community?

#### ACTIVITY (25 MINUTES)

1. Explain what The Dignity of Work and the Rights of Workers means. Discuss how Jesus spent years working as a carpenter. Work is important to help people use their talents and interests, help others and take care of you. And everyone must be paid fairly to support themselves and their families.
2. Have students complete the Nicaragua Activity Sheet: Grades 1-3.
3. When they are finished, have them share their drawing and list with a partner.

#### CLOSING PRAYER (5 MINUTES)

Loving God,

We ask you to be with all those who are searching for work and a better future.

May they find dignified work, and may we always support the dignity of all workers.

Amen

#### AT HOME

1. Share your activity sheet with your family.
2. As a family, discuss the Lenten calendar daily reflection.

#### IF YOU ONLY HAVE



1. Read or watch Cesia's story.
2. Lead Discussion step 3.



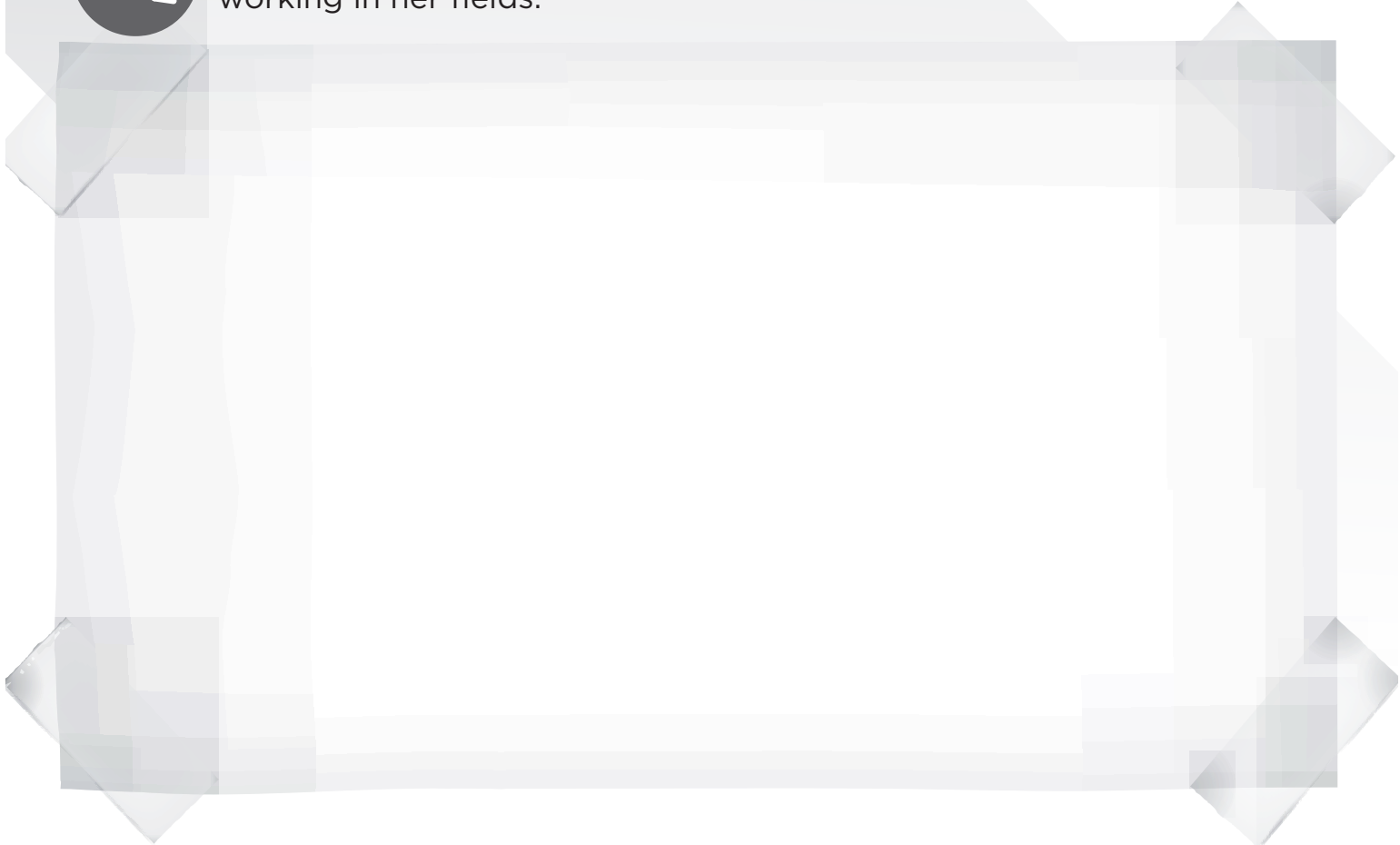
# NICARAGUA

## THE DIGNITY OF WORK AND THE RIGHTS OF WORKERS

Jesus spent years working as a carpenter. Work is important for people. Each person should have the right to work in a safe place and earn enough money so they can take care of their families.



Draw and color a picture of Cesia, our neighbor in Nicaragua, working in her fields.



List three reasons why work is important:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_