LIFE AND DIGNITY OF THE HUMAN PERSON

GRADES 1–3
45 MINUTES

OBJECTIVE
Through the story of Majd in Iraq, students will explore a Catholic social teaching principle, Life and Dignity of the Human Person, and how they can uphold the dignity of others.

MATERIALS
Map, Majd’s story or video (available at crsricebowl.org/stories), copies of Iraq Activity Sheet: Grades 1–3

DISCUSSION (15 MINUTES)
1. Find Iraq on the map. Where is it?
2. Read or watch Majd’s story.
3. Reflect:
   ■ Who did we meet in the story?
   ■ What challenges did they face?
   ■ What help did Majd and his family need when they arrived in their new community?

ACTIVITY (25 MINUTES)
1. Explain Life and Dignity of the Human Person: that we were made in God’s image and likeness. That means that every human being has special value and a purpose. We need to care for each other so we can be the people God calls us to be.
2. Explain that there are many people in Iraq and around the world who have had to leave their communities because they are not safe. We should pray for them.
3. Distribute the Iraq Activity Sheet: Grades 1–3 and give students time to complete it.
4. Ask for volunteers to share with the class their hope for Majd and his family, or their Lenten promise.

CLOSING PRAYER (5 MINUTES)
God of love,
Thank you for the gift of caring families and communities.
Be with us as we seek to love each person we meet, and help us to support people around the world who are suffering.
Amen

AT HOME
1. Share your activity sheet with your family.
2. As a family, discuss the Lenten calendar daily reflection.

IF YOU ONLY HAVE
1. Read or watch Majd’s story.
2. Lead Discussion step 3.
ACTIVITY SHEET: GRADES 1–3

IRAQ
LIFE AND DIGNITY
OF THE HUMAN PERSON

Today we met Majd and his family from Iraq. Majd’s family had to leave home for their safety. They take care of one another just like your family does.

Complete the sentences below.

My hope for Majd and his family is that they ____________________________

___________________________________________________________________________________

This Lent, I will care for those in need, like Majd’s family and others who have had to leave their homes, by ____________________________

_____________________________________________________________________________

Draw and color a picture of how your family members care for each other.

FAMILIES CARE FOR ONE ANOTHER