



For this [newsletter](#) and more information about CRS Rice Bowl, visit crsricebowl.org/dioceses

Lent is just days away!

But don't worry—there are **three easy steps** you can take *today* to make Lent a success throughout your diocese.

- Share [these bulletin announcements](#) in [English](#) and [Spanish](#) with parish leaders and staff responsible for managing parish bulletins. Each week your entire parish communities can get excited about what's to come in their Lenten journey.
- Encourage parish leader to integrate [these prayer intentions](#) in [English](#) and [Spanish](#) into weekly Prayers of the Faithful at Mass. This way, everyone can pray together for our brothers and sisters in need around the world.
- Send [this letter home to families](#) in [English](#) and [Spanish](#) to participating faith communities to inform them about the good their Lenten alms will do this year through CRS Rice Bowl.

Find these resources and more to bring Lent to life at crsricebowl.org/diocese.

Social Media Tool Kit

Bring Lent to life across all of your social media channels!

Use these ready-made [memes](#) and [web banners](#) in our [CRS Rice Bowl social media tool kit](#) to share your Lenten experience with your followers and faith communities.

For CRS Rice Bowl logos, hi-res photos and recipe cards, access our [photo gallery](#).

Available in [English](#) and [Spanish](#)

crsricebowl.org
crsplatodearroz.org

Webinar Schedule

Plato de Arroz: January 21st
Spanish language webinar for Hispanic Ministry

Lent & the Environment: February 1st
Responding to Pope Francis' encyclical this Lent

#4Lent4Life: February 18th
How to engage with CRS Rice Bowl's digital community

Preparing for Holy Week: March 9th
What's in store for the holiest days in our Church's calendar?

Easter and Beyond: April 18th
Learn best practices for collecting CRS Rice Bowls & distributing your (arch)diocese's local 25%.

Sign up for these 20 minute webinars at <http://goo.gl/forms/NYG0z6yvjP!>

All webinars at 2pm EST



CRS Media Delegation

On January 10th, the 2016 CRS Media Delegation departed for the coffee fields of Colombia—one of this year's CRS Rice Bowl featured countries.

While there, these popular Catholic media personalities met CRS staff and program participants, saw firsthand what goes into that perfect cup of fair trade coffee and experienced how what we give up for Lent really does change lives. For the latest news on the delegation's happenings, follow #CRSmedia and @CRSRiceBowl. Visit the [CRS Media Center](#) for updates.

Who was a part of this year's delegation?

- [Lino Rulli](#) of the Catholic Channel on Sirius XM Radio
- [Lisa Hendey](#), Founder of CatholicMom.com
- [Fr. Rafael Capo](#), Director of Hispanic Ministry, Southeast Pastoral Institute
- [Drew Mariani](#) of Relevant Radio
- [Sherry Brownrigg](#) of the Kennedy Brownrigg Group

Check out Lisa Hendey's [first blog](#), anticipating the team's departure.

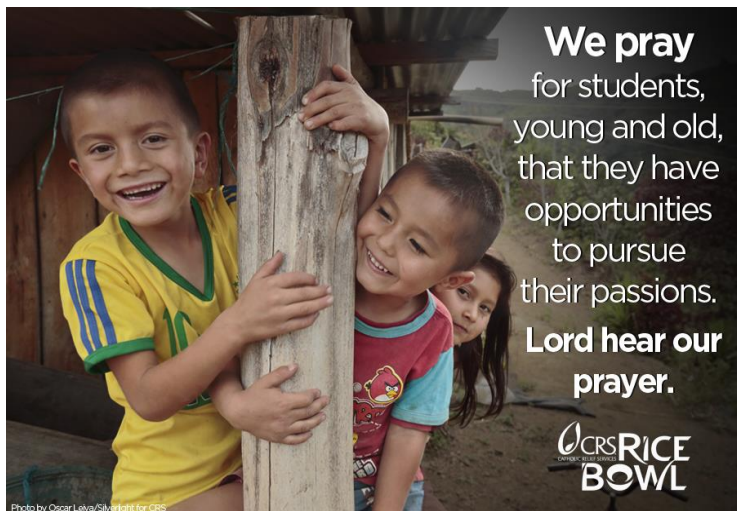
Shipped Materials

On January 4th, this year's Lenten resources shipped to all participating communities!

Check in with your parishes and schools to be sure they've received their order.

And remember, faith communities can still place orders at [crsricebowl.org/order!](#)

All resources can be downloaded online at [crsricebowl.org](#).



We pray
for students,
young and old,
that they have
opportunities
to pursue
their passions.
**Lord hear our
prayer.**

**CRS RICE
BOWL**

CST 101 Video Series

CST 101 is a collaborative 7-part video series presented by the United States Conference of Catholic Bishops and Catholic Relief Services on the themes of Catholic social teaching.

As the 40 days of Lent unfold, these videos will complement CRS Rice Bowl's weekly focus on different Catholic social teaching principles.

Watch the latest video—Call to Family, Community and Participation—or view the entire series [here!](#)

God of all creation,

We welcome you into our lives in a new way this Lent. We are ready to serve your people, especially our brothers and sisters who are most in need. We are ready to live out your call to mercy.

Through our prayers, fasting and Lenten gifts, may we learn to walk as one global human family. May we learn to listen to each other, and in so doing hear the merciful words of Christ.

Amen