

CALLED TO GLOBAL DISCIPLESHIP: A QUIZ

1.	Fill in the blanks:	5.	Why do we fast during Lent?
	"For I was hungry and you gave me		a. To remember that everything is a
	, I was thirsty and you gave		gift from God—and that ultimately
	me, a		we depend on God
	and you welcomed me, naked and you		b. To put aside our own money and
	me, and		resources for those in need
	you cared for me, in prison and you		c. To be more open to receiving the
	me."		grace of God in our lives, especially
	(Check out Matthew 25:35–36 if you need a little help!)		through the sacraments
	a little fleip!)		d. All of the above
2.	Which of the following are important	6.	Who said the following?
	parts of Catholic social teaching?		"Lent is a fitting time for self-denial; we
	(Circle all that apply!)		would do well to ask ourselves what we car
	a. Caring for the poor		give up in order to help and enrich others
	b. Making a lot of money		by our own poverty."
	c. Having a fancy car		a. Saint John Paul II
	d. Protecting human life in all forms		b. Blessed Teresa of Calcutta
			c. Pope Francis
3.	Pope Francis just wrote an		d. Saint Elizabeth Ann Seton
	encyclical—a letter to the Church—		
	called <i>Laudato Si'</i> , in which	7.	Through Catholic Relief Services,
	he asked all people to work hard		Catholics in the United States are
	to protect what?		helping those who are poor and
	a. Their own houses		suffering in more than
	b. The environment—our		countries. (Choose the closest answer!)
	common home		a. 40
	c. Our right to use the internet		b. 60
	d. Religious buildings around the world		c. 80
			d. 100
4.	During what season of the Church year		
	are we called to pray, fast and give?	8.	We pray, fast and give through
	a. Advent		CRS Rice Bowl so that we can help
	b. Christmas		our brothers and sisters .

faith. action. results.

a. Around the world

b. In our own communityc. Both (a) and (b)

c. Easter

d. Lent



ANSWERS

- 1. Matthew 25:35–36: "For I was hungry and you gave me <u>food</u>, I was thirsty and you gave me <u>drink</u>, a <u>stranger</u> and you welcomed me, naked and you <u>clothed</u> me, <u>ill</u> and you cared for me, in prison and you <u>visited</u> me."
- 2. (a) The Preferential Option for the Poor is an important principle of Catholic social teaching. Jesus tells us to care for those who are most in need in the world. (d) The Sacredness and Dignity of the Human Person is the foundational principle of Catholic social teaching, reminding us that, being made in the image and likeness of God, we each have a special value and purpose.
- **3. (b)** Pope Francis' encyclical, *Laudato Si'*, was released in June 2015 and discussed our Christian responsibility to **protect the environment—our common home!**
- **4. (d)** Prayer, fasting and giving are the three spiritual pillars of **Lent**.¹

- **5. (d)** The United States Conference of Catholic Bishops details several reasons to fast during Lent. It is particularly important to remember the poor during our Lenten fast, to reflect on what we can give up in order to lift up those who are most in need. In fact, Isaiah 58:6-7 reflects this: "Is this not, rather, the fast that I choose: [...] sharing your bread with the hungry?"
- **6. (c)** Quote cited from **Pope Francis**' 2014 Lenten Message.
- **7. (d)** CRS is motivated by the example of Jesus Christ to assist poor and suffering people in **more than 100 countries** on the basis of need, without regard to race, religion or nationality.
- 8. (c) The Lenten sacrifices you put in your CRS Rice Bowl help those in need around the world and in your community: What you give up for Lent really does change lives! Seventy-five percent of your donation goes to support lifesaving programs in countries around the world, and 25% percent helps fund homelessness and hunger alleviation projects in your own diocese.

faith, action, results.

www.usccb.org/prayer-and-worship/liturgical-year/lent/catholic-reflection-on-lenten-fasting-father-daniel-merz.cfm