



*"I have often thought about how the Church might make clear its mission of being a witness to mercy. It is a journey that begins with a spiritual conversion."*

*—Pope Francis*

Dear Families,

This Lent our community will participate in CRS Rice Bowl, a faith-in-action program that will help you experience Lenten spirituality by living in solidarity with people in need around the world.

As we, the global Church, continue our prayerful walk through this Holy Year of Mercy, it is especially appropriate to come together in prayer as a family this Lent, reflecting on how we can live this call to mercy more abundantly.

Use your cardboard CRS Rice Bowl and Lenten Calendar to guide your Lenten prayer, fasting and almsgiving.

As a family, read the Stories of Hope and daily reflections to inspire your Lenten journey—and motivate your Lenten giving.

Prepare simple, meatless meals on Fridays throughout Lent to eat in solidarity with our brothers and sisters around the world.

Be sure to visit [crsricebowl.org](http://crsricebowl.org) to watch videos of the people and communities whose lives your Lenten gifts are changing through CRS Rice Bowl.

We will be collecting your CRS Rice Bowls at the end of Lent, so stay tuned to learn more.

Thank you for using CRS Rice Bowl with your family this Lent.

Sincerely,

*P.S. Did you know that CRS Rice Bowl has a free Lenten app? Download it for iPhone or Android devices and get daily Lenten reflections right on your phone.*

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CRS Rice Bowl is sponsored by Catholic Relief Services, the official international humanitarian agency of the Catholic community in the United States. CRS is motivated by the example of Jesus Christ to assist poor and suffering people in more than 100 countries on the basis of need, without regard to race, religion or nationality.

**faith. action. results.**