Letter to Families to Introduce CRS Rice Bowl

*Adapt and send this letter to families to encourage them to use CRS Rice Bowl in their home this Lent.*

*“Lent is a fitting time for self-denial; we would do well to ask ourselves what we can give up in order to help and enrich others by our own poverty.”* – Pope Francis

Dear families,

This Lent our parish is participating in CRS Rice Bowl, a faith-in-action program that helps families experience Lenten spirituality by living in solidarity with people in need around the world.

Here are three simple ways to bring Lent to life in your home.

* Place your CRS Rice Bowl in a prominent place in your home and use it to collect your Lenten sacrifices.
* Read the Lenten calendar reflections each day as a family.
* Visit [crsricebowl.org](http://www.crsricebowl.org/) to find videos and family activities, or take Lent outside of the bowl and **download the CRS Rice Bowl app** on your iOS or Android device.

We will be collecting Rice Bowls at the end of Lent, so stay tuned to learn more.

Thank you for using CRS Rice Bowl with your family this Lent.

Sincerely,