# **BULLETIN ANNOUNCEMENTS**

Sunday Before Ash Wednesday

### **Hungering for the Journey**

Join our parish community—and more than 13,000 Catholic communities across the United States—in a life-changing Lenten journey with CRS Rice Bowl. Pick up your family's rice bowl from [LOCATION] on [DATE], and don't forget to download the CRS Rice Bowl app! Remember, your Lenten sacrifices change lives.

First Week of Lent

### **Hungering for a Better Life**

Our journey with CRS Rice Bowl begins in Tanzania, where a simple soybean is changing lives! What actions can you take this Lent to change lives—at home and around the world?

Second Week of Lent

### Hungering for a Bountiful Earth

This week CRS Rice Bowl takes us to the coffee highlands of Nicaragua, where we're called to protect both the goodness of creation and the livelihoods of struggling families. How will this week's fast remind us of the sacredness of God's creation and our duty to protect it?

Third Week of Lent

## Hungering for a Season of Hope

The next stop on our CRS Rice Bowl journey is the African nation, Niger, where we're reminded that life's joys and challenges are often seasonal. This week we pray for people who struggle to feed their families during the hungry season—when food is in short supply—and we commit to acting for the common good.

Fourth Week of Lent

#### **Hungering for Peace**

We journey with CRS Rice Bowl to Lebanon to be present to a people who themselves are on a journey. Here we meet a family of Syrian refugees, a family perhaps not so unlike our own. We are challenged through our almsgiving this week to reach out to those who are forced to flee their homes, who are seeking shelter in a land of peace.

Fifth Week of Lent

### **Hungering for a Healthy Harvest**

CRS Rice Bowl brings our Lenten journey back to Africa this week, to the Democratic Republic of Congo. We join our fasting in solidarity with people who go hungry, and we remember in prayer the importance of building a community that is willing to support those most in need.

Palm Sunday

### **Hungering for Seeds of Home**

We follow Jesus this week on our Lenten journey as he enters into Jerusalem, a community he knew well. CRS Rice Bowl asks us, too, to prayerfully enter into our own communities, to find those who are hungry and thirsty, who need our help. How does our Lenten journey motivate us to serve those we encounter in our daily lives?

Easter Sunday

### **Hungering for Celebration!**

We prayed, fasted and gave alms—and now we celebrate! Our Lenten journey with CRS Rice Bowl ends in our own hearts, where Jesus reigns forever. Let us rejoice in our risen Lord—and in the lives we've changed this Lent in Tanzania, Nicaragua, Niger, Lebanon, the Democratic Republic of Congo and all over the world! Don't forget to turn in your CRS Rice Bowl [PROVIDE INSTRUCTIONS].

After Easter Messaging

Our community changed lives this Lent, and CRS Rice Bowl wants to say THANK YOU!! Don't forget to turn in your CRS Rice Bowl [PROVIDE INSTRUCTIONS].