

40 years ago, Catholics in the United States wanted to respond to famine in Africa. Could we feed the hungry through Lenten prayers, fasting and almsgiving? The answer was yes—and it came in the form of a small cardboard box. 40 years later, it still does—and that's only one piece of the puzzle. For 2015, CRS Rice Bowl is offering brand new—not to mention well-known and classic—resources for Lenten faith formation. Begin your journey today.

CRS Rice Bowl & Faith Formation

Pope Francis challenges us: *"Lent is a fitting time for self-denial; we would do well to ask ourselves what we can give up in order to help and enrich others."* In that spirit, CRS Rice Bowl offers families, schools and faith communities an opportunity to prayerfully journey through Lent, putting their faith into action while learning about the lives and struggles of our brothers and sisters around the world.

To draw us closer to Christ and Christ's global church, CRS Rice Bowl builds on the three pillars of Lenten spirituality.

PRAY



Incorporate global awareness into personal and communal prayer with reflections on the Stations of the Cross, the Seven Sorrows of Mary and the Lives of the Saints—infused with Catholic social teaching.

FAST



Turn family or community meals into moments of global solidarity with simple, meatless recipes from countries around the world—and don't forget to learn how to prepare them with Fr. Leo Patinghug in CRS Rice Bowl's Global Kitchen video series!

GIVE



What you give us for Lent changes lives! Use your cardboard CRS Rice Bowl or the new CRS Rice Bowl app to track your Lenten sacrifices—and to see *how* your gift changes lives—as you journey from Ash Wednesday to Easter Sunday.



1975



2015

What's New This Year? (We're glad you asked.)

Youth in Solidarity Reflections: Animate your high school classes and youth ministries with these educational modules that offer activities, reflections and prayers to bring Lent to life for youth.

What is Lent? video series: Join popular Catholic personalities like Fr. James Martin, SJ; Cardinal Timothy Dolan; Christopher West and more in reflecting on some of the key themes of Lent.

Community Reflections: Gather small faith-sharing groups of young adults to prayerfully walk through the themes of Lent and reflect on the realities faced by our brothers and sisters worldwide.

CRS Rice Bowl App 2.0: Put Lent at your fingertips with new reflections, an integrated Twitter feed and a new way to track your Lenten sacrifices! Available in both English and Spanish.

Get Started Today!

It's never too early to prepare for Lent.

Download the app. Just search for CRS Rice Bowl or CRS Plato de Arroz in the Google Play or App stores.



Follow us on Facebook and Twitter—and share us with your networks.

Start by sharing the "What's in store for CRS Rice Bowl 2015" video found at crsricebowl.org. (#4Lent4Life)



Send emails encouraging your parishes and schools to place their orders.

We've put together templates to get you started at crsricebowl.org/dioceses.



Order your FREE materials in English and Spanish at crsricebowl.org/order or call (800) 222-0025.



YOUR Lenten Toolbox:

CRSRICEBOWL.ORG

Promotion & Training Materials

- How to Kickoff CRS Rice Bowl (video)
- What's in Store for CRS Rice Bowl 2015 (video)
- CRS Rice Bowl in Elementary Schools (webinar recording)
- CRS Rice Bowl in High Schools (webinar recording)
- CRS Rice Bowl and Faith Formation (webinar recording)
- Bishop's Endorsement Letter (sample letter)
- Letter to Parish Families (sample email)
- Letter to School Families (sample email)
- Photo Resources
- Newsletter Blurbs
- Bulletin Announcements
- Bulletin Inserts
- Banner Ads

Prayer & Family Resources

- Stations of the Cross
- Seven Sorrows of Mary
- Our Catholic Identity: Examples from the Saints
- Family Activities
- Coloring Pages
- Lenten Prayer Eggs
- Prayer Cards
- Reflections on Sunday's Readings
- Intercessions
- What is Lent? (video series)
- CRS Rice Bowl's Global Kitchen (video series)
- Simple Meatless Recipes

Celebration & Collection Tools

- How to Collect CRS Rice Bowls (video)
- CRS Rice Bowl vs. CRS Collection Informational Sheet
- Revenue Collection Instructions
- 25% Use Guidelines & Illustration
- Envelope Template
- Bishop's Thank You Letter
- Certificate of Appreciation